

= Horos tis Marias = Χορός της Μαρίας  
(Horon ti Marias - Χορόν τη Μαρίας)

Matsouka-Pontos

intro.  $\overleftrightarrow{L R}, \dots$   
⑦

slow.  $\overleftrightarrow{L R}, \overset{\sigma}{\underset{r \uparrow}{L}} H, \overset{\sigma}{\underset{r \uparrow}{R}} \overset{x}{\underset{r \uparrow}{L}}, \overset{x}{\underset{r \uparrow}{R}} H,$   
(L R)  $\overset{r \uparrow}{\underset{r \uparrow}{L}} \text{kick}$

$\overset{\sigma}{\underset{r \uparrow}{L}} H, \overset{\sigma}{\underset{r \uparrow}{R}} L R, L R L, R L R,$

fast.  $\overleftrightarrow{L R}, \overset{\sigma}{\underset{r \uparrow}{L}} H, \overset{\sigma}{\underset{r \uparrow}{R}} \overset{x}{\underset{r \uparrow}{L}}, \overset{x}{\underset{r \uparrow}{R}} H,$   
 $\overset{r \uparrow}{\underset{r \uparrow}{L}} \text{kick}$

$\overset{\sigma}{\underset{r \uparrow}{L}} H, \overset{\sigma}{\underset{r \uparrow}{R}} H, \overset{\sigma}{\underset{r \uparrow}{L}} H, \overset{\sigma}{\underset{r \uparrow}{R}} H,$   
 $\overset{r \uparrow}{\underset{r \uparrow}{L}} \text{kick}, \overset{r \uparrow}{\underset{r \uparrow}{R}} \text{kick}, \overset{r \uparrow}{\underset{r \uparrow}{L}} \text{kick}, \overset{r \uparrow}{\underset{r \uparrow}{R}} \text{kick}$

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